

Learn
Adapt
Grow
Move Forward

Growth Mindset for Career Success

PROGRESS BEGINS WITH A DIFFERENT PERSPECTIVE

A practical guide to help you think differently, take purposeful action
and create new opportunities in your career.

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A growth mindset
turns challenges into
opportunities and
effort into progress.

— NAVDEEP CHHABRA —

5

KEEP GROWING

Progress is a journey, not a destination.



- ✓ Reflect on what worked and what can be improved.
- ✓ Stay open to new opportunities.
- ✓ Keep learning, adapting and setting new goals.

3

BUILD YOUR EVIDENCE

Show the value you create.



- ✓ Translate your experience into clear examples.
- ✓ Explain what you did, what changed and why it mattered.
- ✓ Use real outcomes and be honest about your contribution.

1

DEFINE YOUR SUCCESS

Be clear about what you want.



- ✓ What do you want your next role to change?
- ✓ Consider what matters most — responsibility, flexibility, learning or financial growth.
- ✓ Choose one priority for the next few months.

4

PRACTISE THE SKILLS

Development happens through action.



- ✓ Look for opportunities to use new skills in real situations.
- ✓ Seek feedback and adjust.
- ✓ Start small — progress builds confidence over time.

2

CHALLENGE LIMITING BELIEFS

Question the story you tell yourself.



- ✓ Notice the thoughts that hold you back.
- ✓ Reframe unhelpful beliefs into questions you can act on.
- ✓ See each task as a skill you can develop.

MINDSET REMINDERS



Be kind to yourself

Setbacks are part of the journey.



Focus on what you can control

Take practical steps forward.



Choose your inputs

Be selective about what you read, watch and engage with.



Progress over perfection

Small, consistent actions create meaningful change.

A Brighter
Career Tomorrow

5

OPPORTUNITY

4

SKILLS

3

CONFIDENCE

2

CLARITY

1

AWARENESS

A different mindset can open new possibilities.
Your next chapter is within reach.